



**RSCA**  
REGENT SQUARE CIVIC ASSOCIATION

The voice of the Regent Square Civic Association (RSCA),  
a not-for-profit 501(c)4, all-volunteer community organization,  
serving Regent Square's diverse residential and business community.

Nov/Dec 2008, Volume 28 Number 9

## Join us in December

RSCA Board Meeting, Monday, December 1, 7 p.m. at the Wilkins School Community Center, 7604 Charleston Ave.

## Nov Meeting Minutes

RSCA Board Meeting Recap  
Monday, 3 Nov 2008, 7 PM

- Plans for Board Retreat
- Sanders Traffic Changes
- Annual Meeting
- RSCA Trash Cans & Benches

## RSCA

### Board Members

Liz Caplan  
Pat DiRienzo  
Kathryn Griffin  
Alina Keebler  
Andrew Lang  
Melissa McDonough  
Darrell Rapp  
Joan Reefer  
Frank Ruffing  
Kathleen Schneider  
Carole Stanier  
Carrie Webber

WWW.REGENTSQUARE-RSCA.ORG

## Toys Collected, Children Smile

### *Eighth Annual Toy Drive for Regent Square Holiday Season*

It's time to start thinking about the eighth annual RSCA Holiday Toy Drive in the Regent Square community. Community residents are asked for donations of new, unwrapped toys for distribution to a local agency that serves children in need in our area. This year, more than ever, your generosity is needed. The toy drive will run from November 22 through December 13, and will have three drop-off locations: Neighborhood Realty, at 1028 S. Braddock Ave. (across from the movie theatre), Shaolin Studios, at 1115 S. Braddock Ave., and the Wilkins School Community Center at 7604 Charleston Ave. The success of the toy drive depends on the generosity of the local community. Last year we collected over 160 toys and books – together with other community organizations, these donations helped make holiday dreams come true for hundreds of children.

Some suggestions for children in different age groups are:

**Infants/toddlers:** Rattles and squeeze toys, mobiles, unbreakable baby mirrors, crib toys, stacking and sorting toys, dolls, large cars and trucks, teething toys, sippy cups.

**Pre-schoolers:** Building toys (large Legos®, blocks), cars and trucks, dolls and doll clothes, puzzles, puppets, crayons, markers, coloring books, bubbles, Play-Doh®, music-making toys, story and song tapes, new stuffed animals, simple board games.

**School age children:** Craft sets, stickers, Nerf toys, playing cards, hand-held games, dolls and doll clothes, matchbox cars, books and comic books, jigsaw puzzles, action figures, collectibles (rock collections, magnets, sports collectibles), board games.

**Teenagers:** Wallets, calendars and posters, mirrors, grooming kits, address books and journals, walkmans, hair accessories, athletic equipment, music (contemporary CDs and cassettes), board games (Backgammon, Stratego, etc.), craft kits (cross-stitch, woodworking, paint by numbers).

**What to avoid:** Used toys and used stuffed animals, toys stuffed with shredded foam, small pellets or beans, toys with detachable parts (like button eyes) that could be removed and swallowed or inhaled.

We appreciate your support. If you plan on coming to the RSCA Annual Meeting, you may bring your donated gift with you. If you have any questions, please contact Pat DiRienzo at 412-731-4456 or [pmdirienzo@verizon.net](mailto:pmdirienzo@verizon.net). ■

## Annual Meeting Planned

*Sunday, December 7th, 2008 at 2:30 p.m.*

The RSCA would like to invite Regent Square residents to a special event on Sunday, December 7, 2008. The RSCA is hosting our annual meeting where you get a chance to sign up for all the committees that keep the RSCA going. To help build this community, we are going to be showing the Regent Square portion of the Neighborhood Narratives. The Regent Square portion is about 20 minutes long and will begin at 2:30 p.m. and will be held at the Environmental Charter School at Frick Park. We have moved the annual meeting to the afternoon to encourage families to attend, because it takes all types to make a neighborhood. Immediately following the movie showing we will host our Annual Meeting, and you can meet your neighbors and the RSCA board members.

*The project is supported in part by Pittsburgh 250 Community Connections, The Sprout Fund and The Heinz Endowments Small Arts Initiative.* ■

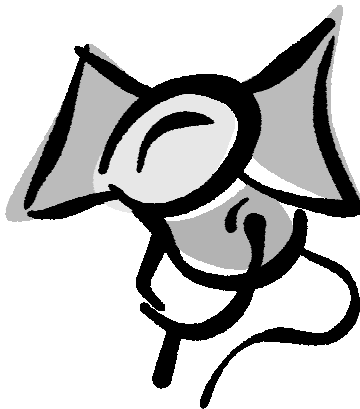
# Business Spotlight: Life Matters Coaching

## *Maximizing Personal Core Strengths*

How often does one find oneself dreaming of who or how he or she would like to be in the world only to not take the steps to create the path to those goals? Nettie Glickman and her Regent Square home-based business, Life Matters Coaching, can help one clear that path and set out a vision statement to make empowered life affirming choices towards that dream.

Nettie explains that Life Matters Coaching offers a synergistic empowering process for those seeking authenticity and intentionality to their personal, professional, and relationship matters. Life Matters Coaching creates the opportunity for this transformation to occur supporting exploration of values, beliefs, and goals. Ms. Glickman describes how she encourages clients to maximize personal core strengths while letting go of self-defeating patterns. Body centered therapies are also offered, providing body mind integration. People finding themselves stuck and needing a refreshing way to view their situation and who are highly motivated to move forward to a life lived intentionally benefit from this work. Life Matters Coaching also provides couples a supportive and unique process to deepen their love and commitment to no-blame communication skill building.

Nettie moved back to Pittsburgh four years ago after living in Montreal for 15 years. So she manifested it upon her return. She is a photographer and bird watcher so having Frick Park is heaven. The intimate village atmosphere and wonderful small owner run restaurants enhance the experience. Ms. Glickman has been a life coach since 1990. She invites Regent Square residents to contact her for more information on what she does and how she might be able to be of help by calling 412-247-7336. ■



Contributions - This edition was edited by Jared Delaney with help from Liz Kaplan and Alina Keebler, and layout by Alana Rykala Delaney. Thanks go to community members who contributed articles or information for the newsletter. This month, they include:

- Alina Keebler – Business Spotlight
- Garden Club – James E. Burkett
- Ecofest – Patty Doody
- Tennis Photo Contest – Jose Mieres
- Communication – Alina Keebler
- WSCC Updates – Patty Doody
- Board Retreat – Carrie Webber
- Toy Drive – Pat DiRienzo
- Library Update – Greer Mulholland

The RSCA welcomes the submission of articles and calendar events to this Newsletter. Deadline for submission is the first Monday of each month for the next month's issue. Submission does not guarantee publication. The RSCA reserves the right to decline any submission or to edit it for style, length and/or content. For detailed submission guidelines, visit [www.regentsquare-RSCA.org](http://www.regentsquare-RSCA.org), or email [newsletter@regentsquare-RSCA.org](mailto:newsletter@regentsquare-RSCA.org) or call 371-2010 for a copy.

## Events Calendar

Friday, Dec. 5 | 7PM - 9PM

### WSCC Opening Shopping Night

Enjoy an evening of stress free shopping while listening to music and snacking on complimentary light h'ordeuvres and desserts.

**Location:** Wilkins School

Saturday, Dec. 6 | 9AM - 12PM

### Neighborhood Food Drive

*Non-perishable food donations collected for the Wilkinsburg Community Ministry Food Pantry.*

**Location:** Mifflin Ave United Methodist Church

**Contact:** [mifflinavenue@netzero.net](mailto:mifflinavenue@netzero.net) or 731-2511

Sunday, Dec. 7 | 2:30PM

### RSCA Annual Meeting

*Meet fellow Regent Square neighbors and have the opportunity to join RSCA Committees*

**Location:** Environmental Charter School

Saturday, Dec. 13 | 10AM - 12PM

### NMRWA's Tree Identification

*Don your winter woollies to learn how to identify trees and shrubs from their bark, branching and buds.*

**Location:** Frick Park, Biddle St parking lot.

**Contact:** For more information or to register visit the NMRWA website or contact the NMRWA at (412) 371-8779 or [info@ninemilerun.org](mailto:info@ninemilerun.org).

Wednesday, Dec. 17 | 10AM - 1PM

### High Energy Hikes

*Venture Outdoors. Brisk evening hike covering 3-4 miles of Frick Park's winding paths. \$5 for VO members; \$10 for non-members.*

**Location:** Frick Park

**Contact:** For more information and to register, [www.ventureoutdoors.org](http://www.ventureoutdoors.org) or 412-255-0564 x21.

Monday, Jan. 5 | 7PM

### RSCA Board Meeting

*Regular monthly meeting of RSCA Board.*

**Location:** WSCC 7604 Charleston Ave, between S. Braddock and Milton.

**Contact:** Board President for more information or to put an item on the agenda [president@regentsquare-RSCA.org](mailto:president@regentsquare-RSCA.org) or 412-371-2010

# Library Activity

## *Schedule of Upcoming events*

Check out C.C. Mellon Library's website at [www.ccmellorlibrary.org](http://www.ccmellorlibrary.org) for a complete listing of activities for children and adults. Click on "Events" under "The Library in the Community". All events are free and open to the public. Please adhere to registration requirements. Call the Library at 412-731-0909 for more information.

Two events taking place in November include:

**Turkey Tales** – Saturday, Nov. 22 at 12:30 p.m. Stories, games and a craft await participants ages four and up. Reserve your spot by Nov. 21.

**Dinosaur Roar!** – Saturday, Nov. 29 at 11:00 a.m. Children four and up who are crazy about dinosaurs will enjoy this activity. Special thanks to Peggy Edinger for the free books for the children who participate. ■



# Garden Club

## *Edgewood Garden Club Annual Greens Sale*

If you need a little Christmas, right this very minute, you'll find it at the Annual Edgewood Garden Club Greens Sale. It will be held Wednesday, Dec. 3 from 10 a.m. to 7 p.m. at the Edgewood Club, One Pennwood Ave. This is one of the Garden Club's major fundraising events, the proceeds of which support such programs as the restoration of the slate plaza at Edgewood Memorial Park or the beautification projects at the C.C. Mellon Memorial Library and the Edgewood Club. Various sizes of evergreen wreaths, pine roping, swags, or mixed greens are available for pre-order or

for purchase the day of the event. Likewise, cymbidium orchids and red or white poinsettias will also be for sale to beautify your foyer, mantelpiece, or holiday table, as well as custom-made bows to enhance your greens selection. So, make those lists and check them twice for all of your holiday decorating needs. For a pre-order form or more information please contact Greens Chairperson Suzan Lami (412-371-3602). ■

# Ecofest

## *2nd Annual and Going Strong*

On October 11, the Wilkins School Community Center (WSSC) hosted its second annual EcoFest and what fun it was. Children made art from the Creative Reuse collections, which included creations of jewelry, trophies, and doodads for eyewear. Frick Nature Center brought dirt which could be examined with huge magnifying glasses, Bike Pgh handed out free maps of the bike routes all around the city, Nine Mile run displayed rain barrels, GASP helped us catch our breath, PRC brought Mr. Litterbug, City of Pittsburgh Recycling answered questions about the new one bag program, Fossil Free Fuels drove their super large pick up truck that is completely fueled by fry cook oil, and West Penn Energy Audits was very busy answering homeowners questions about efficient home heating. A yummy, homemade lunch of squash soup, pulled pork and cookies was for sale as well as artwork by the River Rats. Mulberry Senior Center sold soup made by its members. Garden Dreams Urban Farm and Nursery kindly donated herbs for children to take home. WSSC wishes to thank all those who came, donated plants, volunteered their time and effort and all participating presenters. All of you made this event a great success and ensured it will be a continuing annual event. ■

# Photos Needed

## *Competition Showcases Beauty of Frick Park Tennis Courts*

The Frick Park Clay Court Tennis Club (founded June 2007) is sponsoring its 2nd Annual 2008 Photo Competition and calling all photographers to submit their photos of the red clay tennis courts. The electronic submission deadline is December 31, 2008.



Photos taken any day January to December 2008 will be accepted, as long as they have been taken at the Frick Clay Courts. Your photos can show the courts in any condition, rain, shine, fog, or even snow, and with or without players on the courts. The red clay rectangles are an inspiring sight even by themselves.

The 2008 Competition juror is Duane Rieder, a photographer who over the last decade has restored the historic Engine House No. 25 in Lawrenceville and converted it into the new Roberto Clemente Museum.



The 2007 Competition saw the photos of Kambiz Doonboli, Karl Franklin, and Andrew Stein awarded by the club and juried by photographer Bob Kubiak, an artist member of Pittsburgh Filmmakers and the Silver Eye Center for Photography.

For more information please visit [www.clayfricktennis.org](http://www.clayfricktennis.org) or e-mail [redclayfrick@gmail.com](mailto:redclayfrick@gmail.com). ■

# Board Retreat

## *New Ideas for the Upcoming '09*

Each January the RSCA Board attends a day long "retreat". The purpose of the retreat is to introduce the new board members to the group, reflect on the accomplishments of the past year and set the priorities for the coming year. The Board uses this time to identify chair people and discuss the details of what the group can and should accomplish. This year, the retreat is scheduled for January 10<sup>th</sup>.

The Board always has ambitious goals and in recent years we have made difficult choices about eliminating some events and endeavors. These changes are essential because they enable the board to concentrate its efforts elsewhere. The RSCA board is devoted to taking on matters that are of importance to the community. If you have an issue, initiative or idea that you would like to see the board undertake in the coming year, please email Carrie Webber (president@regentsquare-RSCA.org). ■

# New Location

## *Mulberry Senior Citizen Center*

The RSCA and the WSCC welcomes Mulberry Senior Citizen Center to Regent Square. Mulberry Senior Citizen Center is now located in the WSCC. On Tuesday and Thursdays, Mulberry offers a variety of programs throughout the day. A hot, home cooked lunch is served at noon. Anyone who is age 55 or over may come and join in all or a part of the day's events. For more information, please call 412-241-7560. ■

# See you in '09

## *Communication Announcements*

The RSCA Board and the Communications Committee would like to wish all the residents and businessowners of Regent Square the very best in the upcoming holidays and the soon-to-be New Year. We'll be in touch again in 2009!

### **Communications Committee:**

Kitty Brunkhorst, Liz Caplan, Melita O. Carter, Jared Delaney, Alina Keebler, Bob McLaren, Alana Rykala Delaney, and Eli Silk

And, as the year draws to an end, the Communications Committee would like to thank the many volunteers who saw to it that this Newsletter got delivered to every household and business in Regent Square. Thank you for your time and dedication.

### **General Distributor:** Eli Silk

### **Block and Zone Distributors:**

Evan Aiello, Joseph M. George, Sam DeRiggi, Jane Hadburg, Stephen Hirtle, Gary Diven, Pam Hess, Alana Rykala Delaney, Jared Delaney, Sue Rosko, Ann Marino, Lauren Ellery, Dave Clark, James Newborg, Maryann Mistick, Pat Deleonibus, Anke Bakker, Lisa Dennis, Jenny Heiskell, Ellen Rubin, Kristin Lindblom, Lisa Dennis, Sue Carrettar, Robin Hammer, Helen McCaffery, Dave Pollack, Jane Glidden, Dianne Koelsch, Sue Sturm-Gardner, John A. Staudacher, Mary Frank, Frank Oberlitner, Kerry Hawk, Juanita Light, Richard Pirozzi, Steve Nakamura, Darcy Thull, Patricia Just, Peg Schmidt, Patty Doody, Kathie Meyer, Nancy Bianculli, Ronnie Lenaghan, Marge Mimless, Mary Duquin, Kay

Wetzel, Wayne Albright, Alan Zemek, June Beighley, Carrie Weber, Ann Kelton, Bill Werner, Kim Goldman, Caroline Zenkevich, Maureen Newell, Gary Tuckfelt, Beth McNicholas, Sara Peterson & Rick Myer, William R. Hamby, Trevor Lloyd, Barb Peterson, Loretta Hurley, Alan Clairmont, Joe George, and John Abbatico. ■

# WSCC Events

## *Holiday Classes/Events Offered*

This November and December there will be many holiday classes and events. Learn the technique of Fair Isle knitting and make a beautiful, personalized Christmas stocking. Come be a part of a wonderful tradition at the Wilkins School, creating a gingerbread house. Families build a gingerbread house together that leaves nothing to be desired Each family takes home their own creation. These classes require advanced registration. Call 412-244-8458 or visit [www.wscpcgh.org](http://www.wscpcgh.org) for more information.

**Caroling Party** – Join your friends and neighbors on Dec. 12 at 7:00 p.m. as they stroll through the streets of Regent Square singing holiday favorites. They will meet at 7:00 p.m. sharp to briefly organize and warm up their voices before heading out to sing. There will be songbooks to share. Please call 412-244-8458 to register by Dec. 9 to ensure they have enough songbooks and cookies.

**Holiday Gift Shop** - Dec 5th-13th, Shop for the holidays for your family and friends from 10 am to 9 pm Dec 6th-13<sup>th</sup>. Many new artisans will take part as well as most of your favorites will return.

**Opening Night Party** - Dec 5<sup>th</sup> Join the Wilkins School Community Center for the Holiday Gift Shop's opening night party on December 5th from 7:00PM until 9:PM. Enjoy an evening of stress free shopping while listening to music and snacking on complimentary light h'orduevres and desserts. ■



### To contact the RSCA:

Regent Square Civic Association  
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412-371-2010 Email: [info@regentsquare-RSCA.org](mailto:info@regentsquare-RSCA.org)

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